



## PLATE PRESSING

**Supplies:** Plate puck, Rubber thermo matt (1/4"), heat tape and heat gloves.

**Temp:** 400

**Time:** 9.5 to 10.5 min

**Pressure:** Firm

1. Pre-heat plate puck for 10 min. at 400 degrees
2. Lay transfer into plate, securing with heat tape.
3. Remove puck from press using heat gloves CAUTION: Plate puck is extremely hot.
4. Place plate on press face up.
5. Place thermo rubber matt on top of plate/transfer.
6. Carefully place puck onto rubber matt.
7. Using firm pressure close heat press and press for 9.5 to 10.5 min.
8. Carefully remove plate puck and rubber matt, try to limit the amount of movement. Excessive side to side movement can blur the image.
9. Carefully remove the transfer.