

## Pot Holder Instructions

Please read these instructions completely before you begin.

### Supplies Needed

- Sublimatable Pot Holder
- EZ-Trans Paper
- Light Adhesive Spray
- Cardboard

### Step 1: Adjust the Heat Press

Heat Press Temperature: **400° F**  
Dwell Time: **35-45 seconds**  
Pressure: **Medium-Firm**

***Note:** These instructions, including transfer times and temperatures, are based on the inks, paper, equipment, and supplies we use. Your inks, papers, etc. may require adjustments in your time/temp settings.*

**Step 1A:** Cut a piece of cardboard to fit inside the pot holder. Allow the cardboard to extend to the end of the holder to cover exposed area. Slide this cardboard cutout into the area under the printable area.

***Note:** This cardboard cutout assists in even pressure and avoids wrinkles in the transfer. It also protects the non printing area.*

### Step 2: Design Your Transfer

Design your transfer in the usual manner.

### Step 3: Transfer the Image

1. Spray a very light film of adhesive spray on transfer.
2. Stick transfer to holder, face down.
3. Place pot holder face up/transfer face down on the edge of the heat press so that only the printable area is on the heat bed. Do not press the entire holder, as you could scorch the cotton parts.
4. Using **medium** to **firm** pressure, press at **400° F** for **35-45 seconds**. Peel immediately while the holder is hot.

### Customer Support

For support on these or any of our products, please call our toll-free number for assistance: **877.795.1500**. You may also write to us at [support@laserreproductions.com](mailto:support@laserreproductions.com).